

KIDS IN NUTRITION

FOOD WASTE REDUCTION
SERIES



MESSAGE OF THE WEEK



Dear Parents,

Greetings from Kids in Nutrition! We're excited to share that this week marks the conclusion of our Food Waste Reduction Program.

Throughout this series, students explored where food comes from, why reducing waste matters, and how small everyday choices can make a big difference for our planet. Thank you for supporting their learning—we're grateful to have been part of their journey!

WARMLY,

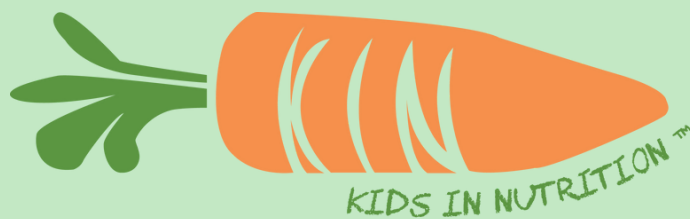
KIDS IN NUTRITION





LESSON 6: FOOD WASTE WRAP-UP

KIN



WEEKLY CHALLENGE

WEEK 6

Your challenge is to teach at least three other people something you learned during our program. You can teach your friends, family, teammates — anyone!

Items Needed:

3 people:

- ☐ Family
- ☐ Friends
- ☐ Teammates

BONUS CHALLENGE:

If you don't already compost your food scraps, find out if your city offers organic waste pick up, or start a compost pile in your yard!

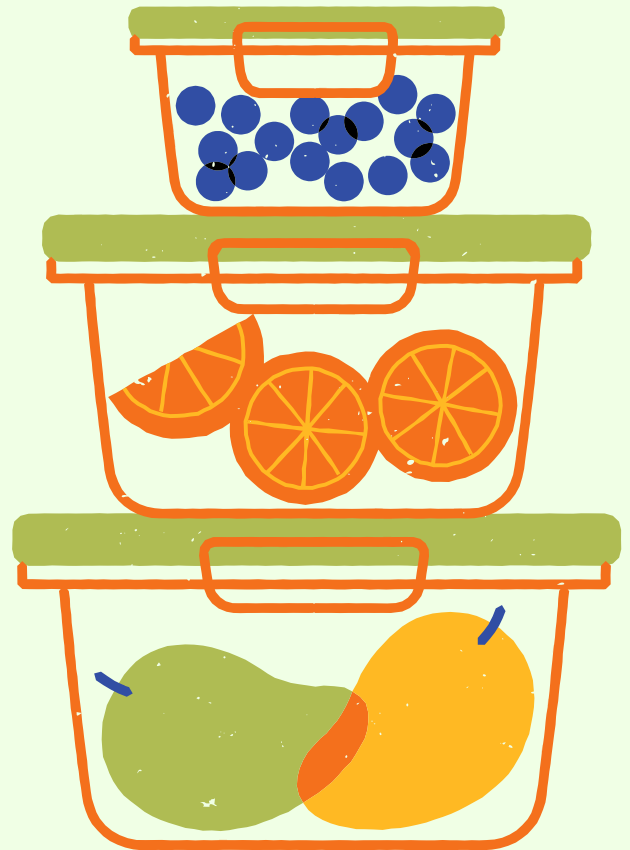




A Tip from KIN: 'BYOC'

TRY TO BRING YOUR
OWN RE-USABLE
CONTAINERS WITH YOU
EVERYWHERE YOU GO!

Skipping the
disposables by
bringing your own
container cuts waste
and helps you save
food and money!!



THANK YOU
FROM KIDS IN
NUTRITION!



info@kidsinnutrition.org



www.kidsinnutrition.org



@kidsinnutrition