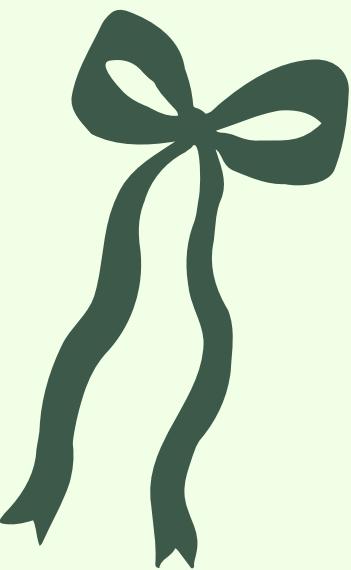


# KIDS IN NUTRITION

## FOOD WASTE REDUCTION SERIES



# MESSAGE OF THE WEEK



Dear Parents,

Greetings from Kids in Nutrition! We're excited to share that this week marks the conclusion of our Food Waste Reduction Program.

Throughout this series, students explored where food comes from, why reducing waste matters, and how small everyday choices can make a big difference for our planet. Thank you for supporting their learning—we're grateful to have been part of their journey!

WARMLY,

KIDS IN NUTRITION



# LESSON 6: FOOD WASTE WRAP-UP

KIN



# WEEKLY CHALLENGE

## WEEK 6

Your challenge is to teach at least three other people something you learned during our program. You can teach your friends, family, teammates — anyone!

### Items Needed:

3 people:

- Family
- Friends
- Teammates

### BONUS CHALLENGE:

If you don't already compost your food scraps, find out if your city offers organic waste pick up, or start a compost pile in your yard!



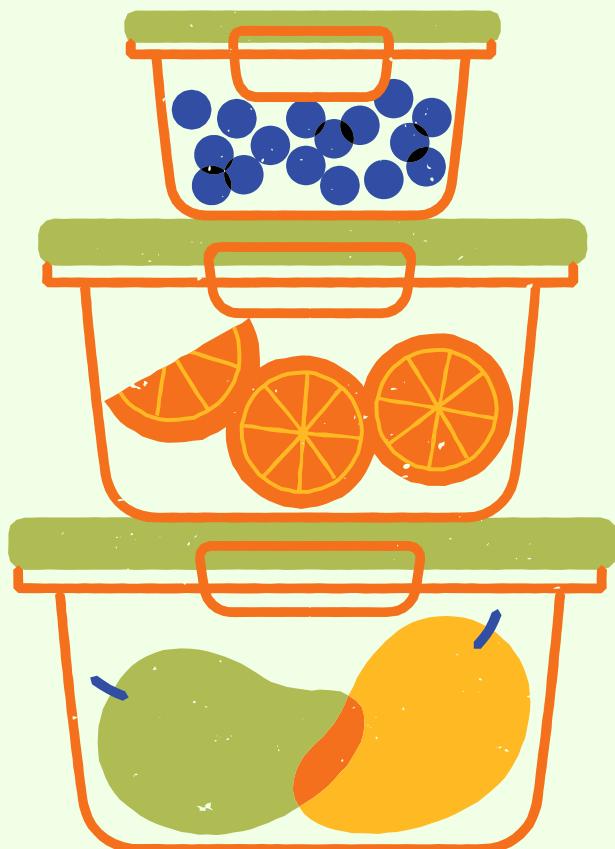


# A Tip from KIN: 'BYOC'



TRY TO BRING YOUR  
OWN RE-USABLE  
CONTAINERS WITH YOU  
EVERYWHERE YOU GO!

Skipping the  
disposables by  
bringing your own  
container cuts waste  
and helps you save  
food and money!!



# THANK YOU FROM KIDS IN NUTRITION!

